

Unit: The Armor of God



Unit Bible Memory Verse(s): Ephesians 6: 14 - 17 (The parts of the Armor of God)

“Why Children Should Memorize Scripture” is an article that gives four reasons why it is important for children to memorize scripture.

[Why Children Should Memorize Scripture](#)

This is a great song to fill your home this week while helping your child learn about the Full Armor of God.

[Full Armor of God Elementary Worship Song](#)

Day 1

Theme: Belt of Truth and Breastplate of Righteousness

Bible Lesson:

Ephesians 6: 10 - 18 several times. Focus on verse 14.

Questions:

1. What is an armor and who needs it?
2. Why does the Bible tell Christians that they need armor?
3. Who are we fighting against?
4. Who are we not fighting against? Be specific.
5. Why do people wear belts? Do you wear one?
6. Have you ever told a lie? Please share one that you have told.
7. What does truth mean to you?
8. Where can we find the truth?
9. What do you think a breastplate would protect?
10. What is righteousness?
11. Who makes us righteous?

Background information:

Share Faith Kids provides a wonderful overview of the armor of God and the importance of each piece.

[The Armor of God](#)

Kids Quest Video shares an excellent video that displays the pieces of the Roman armor and explains each piece in terms that children can understand.

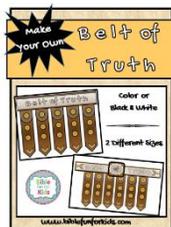


Check out this teaching from *FuZion Videos*.



Craft/Activity:

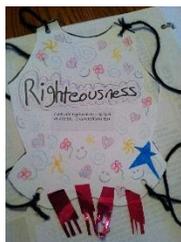
Belt of Truth Craft – A wearable craft that your child can make, just add ribbon or string to attach to an old belt. Print the page you need--there is a colored template, as well as, one your child can color.



Breastplate of Righteousness Craft – This website gives a template and instructions for assembling a breastplate.



Alternatively, you can use a piece of cardboard to cover your child's chest and have your child decorate it. Then put holes at the top and use string to hang it on your child, like the shown in the picture to the right.



Day 2

Theme: Sandals of Readiness

Bible Lesson:

Ephesians 6: 10 - 18 several times. Focus on verse 15.

Questions:

1. Why do we wear shoes?
2. What are your favorite pair of shoes? Why?
3. When it is time for you to leave your house, do you usually know where your shoes are or do you have to spend time looking for them?
4. What is peace?
5. Do you feel at peace now?
6. Who is the Prince of Peace?
7. What is the Gospel?

Background information:

Kids Quest Video shares an excellent video that displays the pieces of the Roman armor and explains each piece in terms that children can understand.

[Sandals of Readiness](#)

This *KidMotion* video gives addition teaching on the Gospel of Peace.

[The Gospel of Peace](#)

Craft/Activity:

This craft called the *Jesus Sandal Craft*. Even though we are not talking directly about Jesus here, this cute craft allows your child to create a wearable sandal. This website has several ads, so please make sure you click

on [>> Download Jesus Sandals Craft <<](#) to get the template for the craft.



Day 3

Theme: The Shield of Faith

Bible Lesson:

Ephesians 6: 10 - 18 several times. Focus on verse 16.

Questions:

1. What is the purpose of a shield?
2. Do you think it was easy for the Roman soldiers to carry the shield with them daily and to hold it up when necessary?
3. What is faith?
4. Has there ever been a time when someone kept saying negative things about you to you? How did you feel?
5. What do you think fiery darts of the enemy means?
6. How can you use your faith to cancel fiery darts of the enemy?

Background information:

In week five of “Everyday Armor”, K-5th graders learn that when they trust in every word that God says to them, they can hold up the shield of faith!

[Hold Up the Shield of Faith](#)

Check out this teaching from *FuZion Videos*.

[Shield of Faith](#)

Activity:

Shield of Faith Craft – This craft has several options. You can cut out a kid-sized shield from cardboard or poster board and add printed embellishments. Alternatively, you can make one out of regular paper.



Day 4

Theme: The Helmet of Salvation

Bible Lesson: Ephesians 6: 10 - 18 several times. Focus on verse 17.

Questions:

1. Have you ever had bad or negative thoughts and you wondered where they came from?
2. Discuss some of those thoughts with your family.
3. Have you ever worn a helmet before? If yes, for what?
4. Why are helmets sometimes necessary?
5. What does salvation mean?
6. How can the helmet of salvation protect you from the enemy?

Background information:

K-5th graders learn about the helmet of salvation in week six of “Everyday Armor.” The helmet of salvation will help us remember that God loves us and nothing will ever change that!

Put on the Helmet of
Salvation

Your mind, carries in it everything that makes you – you. So why is it important to wear your spiritual helmet? Your great enemy, that prowling lion, is going to attack you in every way he can. That includes your mind. Those fiery darts are aimed at every part of you. You need to have your helmet of salvation ready at all times. Learn more about this helmet from FuZion Videos.

Helmet of Salvation

Craft/Activity: *Helmet of Salvation* Craft – Another wearable craft your child will enjoy creating with a color and black and white option.



Day 5

Theme: The Sword of the Word of God

Bible Lesson: Ephesians 6: 10 - 18 several times. Focus on verse 17.

Questions:

1. Have you ever wanted to do something that you know was wrong? What did you want to do?
2. What are some of the consequences in your family when you choose to do something wrong?
3. How do you feel after you do something that you knew was wrong?
4. What is a sword used for?
5. Who do you think would need to use a real sword?
6. How can you use the Word of God as a sword?

Background information:

In week seven of “Everyday Armor,” K-5th graders learn how to defeat the enemy with the Sword of the Spirit. When we are tempted to do something wrong, we can use the Sword of the Spirit to resist that temptation!

[Hold up the Sword of the Spirit](#)

This *KidMotion* video gives addition teaching on the Sword of the Spirit.

[The Sword of the Spirit](#)

Activity: *Sword of the Spirit* Craft – Again, this website’s template includes options for swords your child can actually wield.



A special “Shout Out” to Debbie at Bible Fun for Kids and More for being the resource for most of our crafts for this week! We love them! Thank you!